



Ashmole Primary School

Address: Ashmole Street, London SW8 1NT

Tel: 020 7735 2419

E-mail: info@ashmoleprimaryschool.org.uk

Instagram: [AshmolePrimarySchool](https://www.instagram.com/AshmolePrimarySchool)

Web: www.ashmoleprimaryschool.org.uk

Headteacher: Cordelia Cooper

Deputy Headteacher: Shelly Griffiths

Monday 12th October 2026

Dear Parents and Carers,

Allergy Safety at Ashmole Primary School

The safety and wellbeing of our pupils is the utmost priority at Ashmole Primary School. We are therefore writing to you today inform you about our approach to allergy management and the measures we have in place in line with the statutory requirements under Benedict's Law.

At Ashmole Primary School, we will:

- *Maintain and publish a whole-school Allergy Safety Policy, which will be reviewed regularly.*
- *Ensure all staff (including those who teach Music, run clubs or deliver any other enrichment activities) receive appropriate allergy-awareness and emergency-response training, including recognising the signs of a serious allergic reaction and responding appropriately.*
- *Work with parents/carers and healthcare professionals to develop and maintain Individual Healthcare Plans (IHPs) for pupils with significant allergies.*
- *Ensure prescribed emergency medication is recorded, accessible and managed in accordance with individual healthcare arrangements.*
- *Maintain appropriate spare adrenaline auto-injectors (AIs) for emergency use where required.*
- *Consider allergy risks in classrooms, practical activities, school trips, extracurricular activities and other school events.*
- *Record and review significant allergic incidents and near misses.*
- *Promote an allergy-aware and inclusive school environment, enabling pupils with allergies to participate fully in school life wherever reasonably possible.*

What we ask parents and carers of those children with significant/known allergies:

1. *Provide the school with up-to-date medical and emergency information.*
2. *Ensure that prescribed adrenaline auto-injectors **(which should be brought in as the original set of two)** are in date and clearly labelled.*
3. *Inform the school immediately of any changes to medication, dosage, allergens or emergency treatment.*



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Awarded by Arts
Council England



4. Work with the school to ensure that your child's Individual Healthcare Plan remains accurate and appropriate.

5. Ensure, where possible, that your child understands, in an age-appropriate way, how to seek help if they experience symptoms of an allergic reaction.

Please ensure that the school is informed promptly if your child has a diagnosed allergy or if their allergy or emergency medication arrangements change.

Please note that the school's spare emergency adrenaline devices do not replace a pupil's own prescribed medication. Pupils who have been prescribed adrenaline auto-injectors should continue to have their prescribed devices available in accordance with their individual healthcare arrangements.

What we ask ALL parents and carers to do:

We also ask all families to help us maintain an allergy-aware community by avoiding unnecessary sharing of food and by following any specific arrangements communicated by the school – a copy of which can be found attached here.

Our aim is to ensure that pupils living with allergies can attend school, learn, take part in activities and enjoy school life safely and confidently.

If your child has an allergy and you have not previously informed the school, or if you have any questions about their individual arrangements, please contact the school so that we can ensure our records and healthcare plans are up to date.

Finally, please see attached an overview of the **14 major allergens**, that must, under UK food law managed by the Food Standards Agency, be declared when used as ingredients in prepacked or loose food. With the exception of nuts – which are completely prohibited at Ashmole, we ask that you simply be mindful and aware of these 14 allergens, when sending in either packed lunches or snacks for after school clubs.

Thank you for your continued support in helping us maintain a safe and inclusive environment for every pupil.

Yours Sincerely,



Cordelia Cooper
Headteacher

THE 14 FOOD ALLERGENS



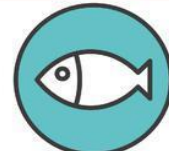
MOLUSCS

Including land snails, whelks and squid.



EGGS

Can be found in cakes, sauces and pastries.



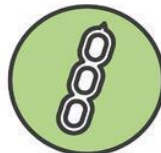
FISH

Found in pizza, dressings and Worcestershire sauce.



LUPIN

Lupin can be found in bread, pastries and pasta.



SOYA

Various beans including edamame and tofu.



MILK

Butter, cheese, cream and milk powders contain milk.



PEANUTS

Can be found in cakes, biscuits and sauces.



GLUTEN

In food made with flour such as pasta and bread.



CRUSTACEANS

Such as crab, lobster, prawns, shrimp and scampi.



MUSTARD

Can be in liquid or powder form as well as seeds.



NUTS

Including cashews, almonds and hazelnuts.



SESAME

Found on burgers, bread sticks and salads,



CELERY

Including stalks, leaves, seeds and celeriac.



SULPHITES

Found in dried fruit like raisins and some drinks.